Peanut Butter And Jelly

Words & Music: Traditional

This traditionally chanted a capella.

Peanut, peanut butter! (and jelly!)
Peanut, peanut butter! (and jelly!)

First, you take the peanuts and you dig 'em, you dig 'em! Then you take the peanuts and you crush 'em, you crush 'em! Then you take the peanuts and you spread 'em, you spread 'em!

Peanut, peanut butter! (and jelly!)
Peanut, peanut butter! (and jelly!)

Now, you take the berries and you pick 'em, you pick 'em! Then you take the berries and you mush 'em, you mush 'em! Then you take the berries and you spread 'em, you spread 'em!

Peanut, peanut butter! (and jelly!)
Peanut, peanut butter! (and jelly!)

Now, you take the sandwich and you bite it, you bite it! Then you take the sandwich and you chew it, you chew it! Then you take the sandwich and you swallow it, you swallow it!

Peanut, peanut butter! (and jelly!)
Mmmmm, mmmmm ... mmmmm!